# Chile Relleno Burrito

This is our quick-to-table take on classic Mexican chiles rellenos. Roasted mild poblano peppers are enveloped with two different cheeses and protein-rich black beans, and then topped with spicy salsa before being wrapped up in a warm tortilla. (Fair warning for the spice adverse: this dinner has a little kick.)

30 Minutes to the Table

15 Minutes Hands On

2 Whisks Easy

# Getting Organized

EQUIPMENT
Baking Sheet
Casserole Dish
Saucepan

FROM YOUR PANTRY
Olive Oil
Salt & Pepper

5 MEEZ CONTAINERS
Poblano Peppers
Flour Tortillas
Spiced Beans
Mozzarella & Pepper
Jack
Tomatillo Salsa

## Make The Meal Your Own

Omnivore's Option – Roasted pork is great with this dinner. Add it to the mix as you roll the burrito.

## Good To Know

**If you're making the gluten-free version**, we've given you corn tortillas for tacos. Follow the instructions up through step 3 and then, instead of rolling a burrito, fill the tortillas like tacos.

**If you're making the vegan version**, we've left the cheese out of your meal. If you want to add something extra, sliced avocado and fresh lime juice are great additions.

**Need some help rolling a burrito?** It's easier than you think. Start by thinking about how the pros do it at Chipotle. Put the filling on the lower half of the tortilla. Fold the sides in, pull the bottom up over the filling, and then roll. You want a compact bundle, so keep the tortilla wrapped tightly around the filling.

**Health snapshot per serving** – 555 Calories, 21g Fat, 27g Protein, 68g Carbs, 18 Smart Points

**Lightened up snapshot** – 390 Calories, 15 g Fat and 16 SmartPoints with no tortillas – you'll be making stuffed peppers, instead.

Have questions? The dinner hotline is standing by from 5 to 8 pm at 773.916.6339.



### 1. Getting Organized

Preheat your broiler.

#### 2. Roast the Poblano Peppers and Heat the Tortillas

Put the **Poblano Peppers** into a casserole dish, skin side up. Put the dish a few inches away from the broiler and cook until the peppers soften, about 5 to 7 minutes.

Put the *Flour Tortillas* on a baking sheet and then put into the oven on a lower rack. Heat them until they soften, about 3 minutes.

3. Heat the Beans

While the tortillas are cooking, heat 1 Tbsp olive oil in a saucepan over medium-high heat. Add the **Spiced Beans** and 3 Tbsp water. Heat, stirring, until warm. Remove from the heat and set aside.

#### 4. Make the Burritos

Turn the oven to 375. Sprinkle some **Mozzarella & Pepper Jack** on each tortilla, followed by the pepper halves. Fill with beans, more cheese and some of the **Tomatillo Salsa**.

Put the burritos into the casserole dish seam side down and bake until lightly browned on the outside, about 5 to 10 minutes. Enjoy!

Love this recipe? #meezmagic

Pat down the poblano peppers with an olive oildipped paper towel.

As you roll the burrito, try to roll it so you're making the pepper whole. This will give you the whole chile relleno experience as you eat.

Instructions for two servings.

Meez Meals \* 1459 N. Elmwood Avenue \* Evanston \* Illinois